

CEC Quality Self-Assessment Checklist

This checklist must be submitted electronically, uploaded via your dashboard together with ALL program materials relevant to your program or event, as part of your application. For assistance with your application, refer to www.ausactive.org.au/cec-provider or contact cecsupport@ausactive.org.au.

Provider Name:

Program/Event Name:

Mandatory Quality Criteria <i>For each criteria listed below, provide your estimated self-assessment.</i> <i>Refer to the CEC Approval & Assessment Guide for details of AUSactive requirements.</i> <i>^Not applicable if program/event is not assessed.</i>	Estimated Self-Assessment – Does Not Meet – Meets – Exceeds – N/A	Evidence <i>Please indicate where in your program/event material the evidence for this criteria can be found e.g. page number/specific document.</i>
1. Program/event content remains within the Scope of Practice for AUSactive Professionals (pg.10). **See Below		
2. Learning outcomes are identified, appropriate and are incorporated in the delivery of the program (pg.11).		
3. Language used within the program is consistent with current national industry standards and guidelines (pg.11).		
4. Clear, appropriate and accurate assessment criteria are identified and relates directly to the learning outcomes^ (pg.12).		
5. Program/event content contains current and up-to date information that is valid, based on appropriate evidence, and appropriately referenced. Copyright legislation is adhered to (pg.13).		
6. Professionally presented resources (pg.13).		
7. Pre-requisites for entry to the program/event are identified and appropriate (pg.14).		
8. Provider organisational support is provided to program participants (pg.14).		
9. All program/event presenters have appropriate qualifications and a minimum of five years of relevant industry experience (pg.15).		
10. All program/event assessors have appropriate qualifications and a minimum 5 years of relevant industry experience^ (pg.15).		

*** If this program/event does not meet Criteria No. 1 it will not be eligible for CEC Approval.*

Optional Quality Criteria <i>For each criteria listed below, provide your estimated self-assessment.</i> <i>Refer to the CEC Approval & Assessment Guide for details of Fitness Australia requirements.</i>	Estimated Self-Assessment – Does Not Meet – Meets – Exceeds – N/A	Evidence <i>Please indicate where in your program/event material the evidence for this criteria can be found e.g. page number/specific document.</i>
11. Program participants are provided with the opportunity to apply their newly gained skills and knowledge (pg.16).		
12. Program/Event provides professional progression through the industry training package (pg.16).		
13. Participants are equipped to provide health and fitness benefits to the consumers of health & fitness services and contribute to a fitter, healthier Australia (pg.17).		
14. Program/Event addresses identified gaps in industry knowledge and skill (pg.17).		

Please select up to three (3) **Delivery Knowledge and Skill (DKS)** areas you feel this program/event represents:
Please note: Programs or events without an assessment will not be allocated a DKS.

Anatomy, Physiology & Biomechanics	Communication Presenting skills	Group Indoor Cycling	Pre-Choreographed Group Flexibility Balance	Nutrition Support Body Composition	Student Mentoring
Aqua (General Population)	Core Strength & Stability	Group Skipping	Pre-Choreographed Group Step	Older Adults	Tai Chi
Aqua (Specific Populations)	Disabilities	Group Step	Pre-Choreographed Group Strength & Conditioning	Outdoor	Women
Bootcamp Group PT	Exercise Psychology	Group Running	Health Behaviour Coaching	Pelvic Floor	Lecture
Boxing Martial Arts for fitness	Exercise Referral	Group Strength & Conditioning	Health Promotion	Pilates Fundamentals	Conference
Business Development Marketing	Flexibility	Group Exercise Pre-Choreographed	Injury Prevention Rehabilitation Support	Pre & Post Natal	Publication Exam
Cardiorespiratory Conditions	Functional Training	Pre-Choreographed Group Cardio	Management	Screening & Assessment	Seminar
Cardiovascular Conditions	Group Exercise Freestyle	Pre-Choreographed Group Boxing Martial Arts	Mental Health & Wellbeing	Skill & Motor Development	Workshop
Cardiovascular Training	Group Cardio	Pre-Choreographed Group Children Adolescents	Metabolic Conditions	Specific Populations	
Children Adolescents	Group Circuit Training	Pre-Choreographed Group Indoor Cycling	Musculoskeletal Conditions	Sports Specific Conditioning	
Children Adolescents - specific chronic conditions	Group Dance	Pre-Choreographed Group Dance	Neurological Conditions	Strength & Conditioning	