

# **AUSactive Continuing Education**

AUSactive professionals have a range of options to meet their continuing education requirements.

You must accumulate the following minimum CECs during your registration period;

- > 10 CECs per 12-month registration
- > 20 CECs per 24-month registration

AUSactive

Please refer to the CEC Guidelines for more information or scan the QR code >



#### **Approved CEC Programs**

- 1-15 CECs
- ~800 courses available here
- Independently reviewed for quality
- Face to face and online



CECs

#### **AUSactive Education**

- > 17 CECs via free iLearn programs
- ▶ 1 CEC per free webinar
- 4 CECs via free Partner Education
- CECs for attending Summits



#### First Aid & CPR

- ▶ 4 CECs for First Aid & CPR combined course
- ▶ 1 CEC CPR renewal
- \*HLTAID009 & HLTAID011 required



# Formal Education (Cert. III+)

- **5 CECs** per unit of competency Cert. III or above
- ▶ **15 CECs** per subject from an Exercise Science degree (or equiv.)

\*Education must align with scope of practice



# **Affiliated Education**

- 4 CECs Level 2 Professional
- ▶ 10 CECs Level 3 Professional
- Applies to credible third party recognised education

\*CEC caps may not apply for RYPs & RPPs



### In-house Training

- 4 CECs per annum (1 CEC per 2 hours)
- Relevant education, workshops or training provided by an employer
- Education can be accumulated to meet the minimum time requirements



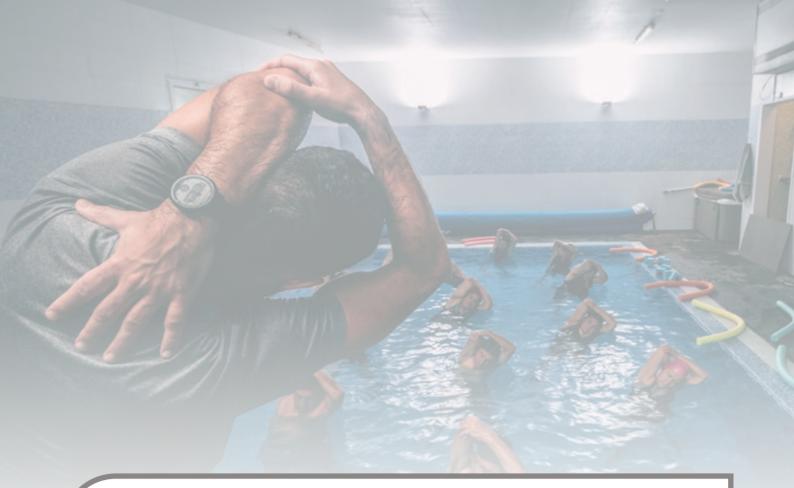
# Mentoring

#### Mentor

- 4 CECs Level 2 Professional
- ▶ 10 CECs Level 3 Professional

#### Mentee

4 CECs





### **Teaching, Presenting & Lecturing**

- 4 CECs Level 2 Professional
- ▶ 10 CECs Level 3 Professional

Applies to approved CEC programs and relevant education at AQF 3+



#### Self-Directed Learning

▶ 4 CECs (1 CEC per article or publication) Reading research-based peer-reviewed journal articles or publications (e.g. Search Google Scholar, exercise science journals)

Viewing or listening to research-based podcasts or lectures (min. 50 minutes in duration)



#### **Authoring Research**

- ▶ 10 CECs Lead author
- ▶ 5 CECs Contributing author

Authoring relevant peer-reviewed research



#### **Community Engagement**

▶ 4 CECs (1 CEC per 2 hours)
Volunteering professional services to atrisk members of the community (i.e. older adults or people with a disability)



#### **Peer Observation**

• 3 CECs (1 CEC per 3 hours)

Available to professionals experiencing hardship accessing education due to remoteness and isolation

#### **Evidence Examples**

- Certificate of completion
- Transcript or statement of results
- Mentorship agreement and log
- > Official letter with dates, times and outcomes
- Signed article



#### Important

Refer to the **CEC Guidelines** for more detail and the type of evidence you will need to provide.

Note sure if a course or activity is eligible? Ask our team for guidance

# Questions

#### AUSactive are happy to assist with your questions.

- Call 1300 211 311
- Email info@ausactive.org.au
- Visit www.ausactive.org.au

# **Frequently Asked Questions**



#### How many CECs do I need?

AUSactive professionals are required to accumulate the following minimum CECs during their registration period;

- 10 CECs per 12 month registration
- > 20 CECs per 24 month registration



#### Why is continuing education important?

- Ensures your knowledge and skills remain up to date.
- > You meet or exceed industry standards & expectations
- Demonstrates professionalism to the public & industry.
- Aligns with respected professions who require professional development, including those in allied health.



#### How do I upload CECs into my diary?

- Log in to your professional dashboard.
- Select "add CEC diary entry".
- Select the "all time" registration period from the drop down.
- Add your certificate by searching for the approved course by either name or approval code.

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#### What if I don't upload evidence of CECs?

- We encourage you to keep your CEC diary up to date.
- > You may be randomly selected for an account audit.
- Failure to meet your professional registration requirements may result in your account being suspended until you provide the required evidence.



#### What happens if my registration lapses?

- If you renew a lapsed registration, you will require to provide evidence of 20 CECs completed within the past two-years.
- The past two-years refers to the 24 months prior to when you renew your account.
- You will also need a current First Aid and CPR certificate



#### A course isn't listed, can I still get CECs?

- ▶ If you're not sure a course is eligible for CECs, please contact our team for clarification.
- AUSactive recognises affiliated education for content within Scope of Practice.
- > Please refer to the **CEC Guidelines** for more information.

#### Can I get CECs for working in the industry? • CECs only apply to educational activities.

- > AUSactive professionals can claim CECs for mentoring other professionals or being a mentee.
- > You can also claim CECs for Community Engagement.



#### **More Questions?**

- Call 1300 211 311
- Email info@ausactive.org.au
- Visit the FAQ page or scan the QR code