

AUSactive Continuing Education

AUSactive professionals have a range of options to meet their continuing education requirements.

You must accumulate the following minimum CECs during your registration period;

- ▶ 10 CECs per 12-month registration
- ▶ 20 CECs per 24-month registration

Please refer to the [CEC Guidelines](#) for more information or scan the QR code ▶



Approved CEC Programs

- ▶ 1-15 CECs
- ▶ ~800 courses available [here](#)
- ▶ Independently reviewed for quality
- ▶ Face to face and online



AUSactive Education

- ▶ 17 CECs via **free** iLearn programs
- ▶ 1 CEC per free webinar
- ▶ 4 CECs via free Partner Education
- ▶ CECs for attending **Summits**



First Aid & CPR

- ▶ 4 CECs for First Aid & CPR combined course
- ▶ 1 CEC CPR renewal

**HLTAID009 & HLTAID011 required*



Formal Education (Cert. III+)

- ▶ 5 CECs per unit of competency Cert. III or above
- ▶ 15 CECs per subject from an Exercise Science degree (or equiv.)

**Education must align with scope of practice*



Affiliated Education

- ▶ 4 CECs Level 2 Professional
- ▶ 10 CECs Level 3 Professional
- ▶ Applies to credible third party recognised education

**CEC caps may not apply for RYPs & RPPs*



In-house Training

- ▶ 4 CECs per annum (1 CEC per 2 hours)
- ▶ Relevant education, workshops or training provided by an employer
- ▶ Education can be accumulated to meet the minimum time requirements



Mentoring

- Mentor**
- ▶ 4 CECs Level 2 Professional
 - ▶ 10 CECs Level 3 Professional
- Mentee**
- ▶ 4 CECs



Teaching, Presenting & Lecturing

- ▶ **4 CECs** Level 2 Professional
- ▶ **10 CECs** Level 3 Professional

Applies to approved CEC programs and relevant education at AQF 3+



Self-Directed Learning

- ▶ **4 CECs** (1 CEC per article or publication)

Reading research-based peer-reviewed journal articles or publications (e.g. Search Google Scholar, exercise science journals)

Viewing or listening to research-based podcasts or lectures (min. 50 minutes in duration)



Authoring Research

- ▶ **10 CECs** Lead author
- ▶ **5 CECs** Contributing author

Authoring relevant peer-reviewed research



Community Engagement

- ▶ **4 CECs** (1 CEC per 2 hours)

Volunteering professional services to at-risk members of the community (i.e. older adults or people with a disability)



Peer Observation

- ▶ **3 CECs** (1 CEC per 3 hours)

Available to professionals experiencing hardship accessing education due to remoteness and isolation



Evidence Examples

- ▶ Certificate of completion
- ▶ Transcript or statement of results
- ▶ Mentorship agreement and log
- ▶ Official letter with dates, times and outcomes
- ▶ Signed article



Important

Refer to the **CEC Guidelines** for more detail and the type of evidence you will need to provide.

Note sure if a course or activity is eligible? Ask our team for guidance



Questions

AUSactive are happy to assist with your questions.

- ▶ Call 1300 211 311
- ▶ Email info@ausactive.org.au
- ▶ Visit www.ausactive.org.au

Frequently Asked Questions



How many CECs do I need?

AUSactive professionals are required to accumulate the following minimum CECs during their registration period;

- ▶ **10 CECs** per **12 month** registration
- ▶ **20 CECs** per **24 month** registration



Why is continuing education important?

- ▶ Ensures your knowledge and skills remain up to date.
- ▶ You meet or exceed industry standards & expectations
- ▶ Demonstrates professionalism to the public & industry.
- ▶ Aligns with respected professions who require professional development, including those in allied health.



How do I upload CECs into my diary?

- ▶ Log in to your professional **dashboard**.
- ▶ Select “add CEC diary entry”.
- ▶ Select the “all time” registration period from the drop down.
- ▶ Add your certificate by searching for the approved course by either name or approval code.



What if I don't upload evidence of CECs?

- ▶ We encourage you to keep your CEC diary up to date.
- ▶ You may be randomly selected for an account audit.
- ▶ Failure to meet your professional registration requirements may result in your account being suspended until you provide the required evidence.



What happens if my registration lapses?

- ▶ If you renew a lapsed registration, you will require to provide evidence of 20 CECs completed within the past two-years.
- ▶ The past two-years refers to the 24 months prior to when you renew your account.
- ▶ You will also need a current First Aid and CPR certificate



A course isn't listed, can I still get CECs?

- ▶ If you're not sure a course is eligible for CECs, please contact our team for clarification.
- ▶ AUSactive recognises affiliated education for content within **Scope of Practice**.
- ▶ Please refer to the **CEC Guidelines** for more information.



Can I get CECs for working in the industry?

- ▶ CECs only apply to educational activities.
- ▶ AUSactive professionals can claim CECs for mentoring other professionals or being a mentee.
- ▶ You can also claim CECs for Community Engagement.



More Questions?

- ▶ Call 1300 211 311
- ▶ Email info@ausactive.org.au
- ▶ Visit the **FAQ page** or scan the QR code